

# REDONDO BEACH SENIOR CENTER CLUB HUB

A City of Redondo Beach Senior & Family Services Publication • March/April 2024

## DATES TO REMEMBER

- 3/04 • Resident Registration: Spring Excursions
- 3/05 • Excursion: Chicago at Pantages (Sold Out)
- 3/07 • Perry Park General Board Meeting 11:30 am
- 3/10 • Daylight Savings Begins
- 3/11 • Non-Resident Registration: Spring Excursions
- 3/12 • Excursion: Palm Spring Tram & Shopping
- 3/23 • Eggstravaganza at Franklin Park 10:00 am
- 4/04 • Perry Park General Board Meeting 11:30 am
- 4/09 • Excursion: LA Arboretum

## AARP® Income Tax Assistance Referrals 2024

### Manhattan Beach

Wednesdays only • 9:00 am to 2:30 pm  
February 7 thru April 10 - first come, first serve (NO appointments)  
Joslyn Center • 1601 Valley Drive  
(310) 802-5447

### Torrance

Monday & Thursday • 9:00 am to 2:30 pm  
Saturday, 9:00 am to 1:00 pm  
February 1 thru April 15 - first come, first serve (NO appointments)  
Russ Nolte Annex • 1339 Post Ave  
(310) 618-2724

### El Segundo

Tuesdays only • 9:00 am to 2:30 pm  
February 6 thru April 9 - first come, first serve (NO appointments)  
Joslyn Center • 339 Sheldon St  
(310) 217-5670

**PLEASE BRING** last year's Tax Return, Social Security Card, Picture ID, Income/Expense Documents

All South Bay Tax-Aide sites can be found at [www.Taxaide-SouthBay.org](http://www.Taxaide-SouthBay.org)

CITY OF REDONDO BEACH COMMUNITY SERVICES

# Eggstravaganza

**FREE EVENT!**

**SATURDAY, MARCH 23, 2024 • 10:00 AM - 12:00 PM**

**EGG HUNT (BRING YOUR OWN BASKET)**      **REDONDO BEACH LIBRARY**  
**EASTER BUNNY PHOTO BOOTH**      **FUN FOR ALL AGES!**

**FRANKLIN PARK • 807 INGLEWOOD AVE**

### EGG HUNT SCHEDULE

Ages 0-2	Ages 3-5	Ages 6-8	Ages 9+
10:20am	10:40am	11:20am	11:40am

For more information please call (310) 318-0650

Register Here!  
Event QR code

## HAPPY 100<sup>TH</sup> BIRTHDAY



*Avalon Hall*

Perry Park Senior Center



City of Redondo Beach Community/Senior & Family Services

1922 Artesia Blvd.

☎ 310-318-0650 | 🌐 [www.redondo.org/senior](http://www.redondo.org/senior)

Office hours: M-F 8:00 a.m. – 5:00 p.m.

City Offices closed alternate Fridays:

3/8, 3/22, 4/5, 4/19



# SENIOR EXCURSIONS

Registration Dates: Residents - March 4, 2024 • Non-Residents - March 11, 2024  
(310) 318-0650 • [www.redondo.org/classes](http://www.redondo.org/classes)



## LA Arboretum (Arcadia) | Tuesday, 4/9

9:00 a.m. Departure from Redondo Beach Performing Arts Center\*

4:00 p.m. Return • Cost: \$40.00 (Includes \$5.00 Registration fee)

Class # 4EXC0900-01

Explore the Los Angeles Arboretum & Botanic Garden in Arcadia, commencing your day with a Self-Guided tour of this 127-acre natural and historical marvel. Immerse yourself in the diverse plant collections, showcasing rare and endangered species from around the globe. Traverse through time as you encounter historical landmarks, including Native American sites, Rancho Period artifacts, and late 19th-century treasures like the iconic Queen Anne Cottage, a familiar backdrop in numerous television shows and movies. Explore additional attractions such as the Santa Anita Train Depot and various exhibits dispersed throughout the garden. Meander through tranquil paths, or unwind by the Mayberg waterfall, fountains, ponds, or themed gardens. Following your visit, experience lunch on your own at Glendora Public Market.

Excursion includes: Entrance & Bus Transportation



## The Getty (Los Angeles) | Tuesday, 5/7

10:00 a.m. Departure from Redondo Beach Performing Arts Center\*

6:00 p.m. Return • Cost: \$30.00 (Includes \$5.00 Registration fee)

Class # 4EXC0902-01

The Getty Center sits on a hilltop in the Santa Monica Mountains, and is well known for its architecture, gardens, and views overlooking Los Angeles. Always on view is the Museum's collection of European paintings, sculpture, and decorative arts, arranged roughly by era and by the artist's nationality in galleries that span all four pavilions. You may enjoy lunch on your own at The Getty Café.

Excursion includes: Entrance & Bus Transportation



## Tanaka Farms Strawberry Picking Tour (Irvine) | Tuesday, 5/14

9:00 a.m. Departure from Redondo Beach Performing Arts Center\*

5:00 p.m. Return • Cost: \$50.00 (Includes \$5.00 Registration fee)

Class # 4EXC0903-01

Take a wagon ride around the farm. Learn about Tanaka Farm's farming methods and history from your friendly tour guide. You will see how fruits and vegetables grow! Make one stop to pick a seasonal vegetable\*, and then the last stop on this tour is in the strawberry patch, where you can pick and eat strawberries! Everyone will take home a one-pound basket of strawberries! After the tour, enjoy lunch on your own at the Anaheim Packing House.

\*If strawberries are unavailable, we will pick three different vegetables.

Excursion includes: Farm Tour, Strawberry and/or Vegetable Picking & Bus Transportation

### DEPARTURE LOCATION

A Charter Bus is used to transport participants to excursion site from:

**Redondo Beach Performing Arts Center\***

1935 Manhattan Beach Blvd.

### REGISTRATION & CREDIT CARD FEE:

- A \$5 Registration Fee will be applied to all classes, activities, or camps at the time of payment. This fee applies to all methods of payments: phone, online, and in-person. **Registration Fee is non-refundable.**
- A credit card service fee of 3% will be added to all credit/debit card payments. The 3% Credit & Debit Card service fee is non-refundable.

### REFUND/CANCELLATION POLICY:

Refunds for excursions may be obtained after all reservations have been sold and only then if Community Services is able to resell your reservation. When excursions are cancelled by the City you will be given the option for an account credit or refund. **PLEASE NOTE:** a \$15 cancellation fee will apply to any refund request. All refunds are processed by check and may take 6 to 8 weeks to receive.



# ANDERSON PARK SENIOR CENTER

3007 Vail Ave.

WEEKLY SCHEDULE OF ACTIVITIES & CLASSES  
(Classes and programs are subject to change)

<b>MONDAY</b>	Yoga with Sharkie (last class 3/25/24) Dance with Sandie - BCHD	9:30 a.m. - 10:30 a.m. 10:30 a.m. - 11:30 a.m.
<b>TUESDAY</b>	Tai Chi (ZOOM class only) Stretch with Bobbi - BCHD Aerobic with Bobbi - BCHD Drop-In Gardens Bunco (2nd & 4th of the month)	9:30 a.m. - 10:30 a.m. 9:30 a.m. - 10:30 a.m. 10:30 a.m. - 11:30 a.m. 12:00 p.m. - 2:00 p.m. 1:00 p.m. - 3:00 p.m.
<b>WEDNESDAY</b>	Strength Training with Toni Bingo	10:00 a.m. - 11:00 a.m. 1:00 p.m. - 3:30 p.m.
<b>THURSDAY</b>	Chair Tai Chi (ZOOM class only) Anderson Walking Group (meet at Aviation Track) Singalong Group (2nd & 4th of the month)	9:00 a.m. - 10:00 a.m. 9:30 a.m. 1:30 p.m. - 2:30 p.m.
<b>FRIDAY</b>	Zumba - Optum (3/1, 3/15, 4/5, 4/19) Yoga with Sharkie Crafts with Debie (3rd Friday of every month) Bridge (\$10 fee)	9:30 a.m. - 10:30 a.m. 11:00 a.m. - 12:00 p.m. 12:00 p.m. - 2:30 p.m. 6:30 p.m. - 10:00 p.m.
<b>SATURDAY</b>	South Bay Strummers (Ukulele)	9:30 a.m. - 11:00 a.m.

## Anderson Park Senior Club Membership

Membership at Anderson Park Senior Center is open to those 50 years of age & older. 2024 memberships are being collected (\$5 for new and returning members). Please fill out a membership card, enclose it with your money in an envelope, and put it into the wooden lock box. Please make checks payable to City of Redondo Beach.

**DANCE  
WITH  
SANDIE**

**MONDAYS**  
10:30 A.M. - 11:30 A.M.

**ANDERSON PARK  
SENIOR CENTER**  
3007 Vail Ave.

BCHD Beach Cities Health District City of Redondo Beach



# PERRY PARK SENIOR CENTER

2308 Rockefeller Ln. | Phone (424) 247-8142

## WEEKLY SCHEDULE OF ACTIVITIES & CLASSES

(Classes and programs are subject to change)

<b>MONDAY</b>	No class	
<b>TUESDAY</b>	Workout with Carrie (ZOOM & in-person) Sing-A-Long with Dina (3/19, 4/16)	10:30 a.m. - 11:30 a.m. 11:30 a.m. - 12:30 p.m.
<b>WEDNESDAY</b>	Optum booth (3/20, 4/17) Chair Yoga with Cheryl - (BCHD) Movie & Popcorn	11:00 a.m. - 12:00 p.m. 12:00 p.m. - 1:00 p.m. 1:30 p.m.
<b>THURSDAY</b>	Stretch & Flex with Carrie (ZOOM & in-person) General Board Meeting (1st Thursday of the month) Table Arts with Cindy (3/14 , 4/11)	10:30 a.m. - 11:15 a.m. 11:30 a.m. 12:00 p.m. - 3:00 p.m.
<b>FRIDAY</b>	Let's Hula! Bingo	10:30 a.m. - 11:30 a.m. 1:00 p.m. - 4:30 p.m.

### LIMITED PARKING STREET SWEEPING SCHEDULE

Mondays - 9 a.m. to 12:00 p.m. (south side of Rockefeller Ln.)  
Fridays - 9 a.m. to 12:00 p.m. (north side of Rockefeller Ln.)

## Perry Park Senior Club Membership

Membership at Perry Park Senior Center is open to those 50 years of age & older. 2024 memberships are being collected. \$7 for new and returning members - \$3 for members over 85 years of age. Please fill out a membership card, enclose it with your money in an envelope, and put it into the lock box.

## Membership Cards Reminder

Remember to pick up your membership cards! You will find them in the index box. Once you pick up your membership card, fill in your emergency contact information on the reverse side of it. Please carry your membership card with you at all times when visiting the club.

## News from Perry Park Seniors Club Board Members

### Membership Promotion Winners:

The membership promotion prize drawing was held before the February 2 Bingo session. Out of 84 eligible, these are the three winners.

- 1st Prize Susan Amedeo
- 2nd Prize Judy Foster
- 3rd Prize Silvia Contreras

Prize winners should contact Board Members Mary Pizel (Treasurer) or Paul Weavers (President) to receive their prizes. The other Board members for 2023 are Beth Anderson (Vice President), Cindy Schaben (Secretary), and Glenda Kelly (member-at-large).

### Perry Park Seniors Club Board Members :

The board members took the oath of office at the January 18th meeting. All Perry Park members are encouraged to attend the next meetings on Thursday, March 7th or April 4th at 11:30, in the Senior Center. There are two open positions (at-large) on the board. Please attend a board meeting to see your Senior Club at work!

### ByLaws Changes:

The Membership Board voted to approve the posted amendments at the January 18th meeting. The approved changes in final form are posted at the Perry Park Center on the large tack board.

Contact any Board representative regarding volunteer opportunities.

- Paul Weavers, on behalf of the Perry Park Seniors membership board

# HAPPY BIRTHDAY!

The best of birthday wishes for the members that have birthdays in March and April.

## March

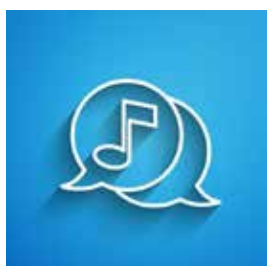
Kathie Buckley	Mar 02
Julia Hassler	Mar 02
Sharon Ratterree	Mar 09
Caroline DeGraaf	Mar 10
Carla Barr	Mar 10
Phyllis Shoemaker	Mar 11
Avalon Moll	Mar 12
Annette Gallardo	Mar 13
Pat Richards	Mar 13
Roger Shoemaker	Mar 15
Paulette Mitchell	Mar 17
Barbara Moo	Mar 21
Lai Colgan	Mar 24
Judith Smith	Mar 24
Vinai Ponghey	Mar 28
Ken Carr	Mar 31

## April

Karen McMahan	Apr 01
Terry Ray	Apr 04
Cenon Advincula	Apr 05
Rose Adams	Apr 08
Mary Marchant	Apr 09
Herminda Banda	Apr 13
Jeng Jong Gau	Apr 18
Carole Burch	Apr 21
Estelle Marcopoulos	Apr 26
Toni Rogers	Apr 29
LeighAnn Odle	Apr 29

### Happy Birthday to these members!

The Club Board apologizes for any errors in spelling or dates.



## NEW ACTIVITY! Sing-A-Long with Dina

(3/19, 4/16) ▪ 11:30 am - 12:30 pm  
Call (310) 318-0650 for more info.



# VETERANS PARK SENIOR CENTER

301 Esplanade | (424) 247-8517

WEEKLY SCHEDULE OF ACTIVITIES & CLASSES  
(Classes and programs are subject to change)

<b>MONDAY</b>	Exercise with Debbie Teel Theater Goers Group (2nd Monday of the month)	12:00 p.m. - 1:00 p.m. 11:00 a.m. - 12:00 p.m.
<b>TUESDAY</b>	Drop-In Gardens Creative Space Zumba - Optum (3/12, 3/26, 4/9, 4/23) Book Club (3rd Tuesday of the month)	10:00 a.m. - 12:00 p.m. 10:00 a.m. - 12:00 p.m. 11:00 a.m. - 12:00 p.m. 1:00 p.m.
<b>WEDNESDAY</b>	Conversational French Bridge (\$14 fee) Lifelong Learning	11:00 a.m. - 1:00 p.m. 12:30 p.m. - 4:00 p.m. 1:30 p.m. - 2:30 p.m.
<b>THURSDAY</b>	Knitting & Crochet Tai Chi Scottish Line Dance Writers Group Yoga with Janet	9:30 a.m. - 11:30 a.m. 9:30 a.m. - 10:30 a.m. 11:00 a.m. - 12:00 p.m. 12:00 p.m. - 2:00 p.m. 2:00 p.m. - 3:00 p.m.
<b>FRIDAY</b>	No class	

## Veterans Park Senior Club Membership

Membership at Veterans Park Senior Center is open to those 50 years of age & older. 2024 membership dues are being collected throughout the week (cash only). \$10 for new and returning members - \$1 for members over 85 years. Please fill out a membership card, enclose it with your money in an envelope, and put it into the lock box.

## VETERANS PARK BOOK CLUB

March | April 2024

Join us on the 3rd Tuesday of the month • 1:00 p.m.

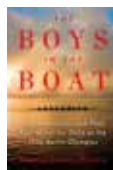


### March:

**The Heaven & Earth Grocery Store**

Author: James McBride - Historical Fiction

The Heaven & Earth Grocery Store is a novel by writer James McBride. It was released in 2023. The novel tells the story of Black and Jewish residents of the Chicken Hill neighborhood of Pottstown, Pennsylvania, in the 1920s and '30s.



### April:

**The Boys in the Boat**

Author: Brown, Daniel James - Biography

Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics is a non-fiction novel written by Daniel James Brown and published on June 4, 2013.